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From the Desk of the Editor...

PDM has come to full maturity in its existence all these years. More than 40 years ago our members met for the first time sharing their experiences in managing patients and making life for the patients more bearable. We salute these pioneering colleagues for their effort and today we are a strong and viable entity.

Today we congregate twice a year for our mid-term meeting and the annual Dermatology Conference, sharing laughter, news and importantly professional knowledge. The Malaysian Journal of Dermatology, produced twice yearly is a place where our knowledge and experiences are shared amongst members.

Now we embrace our camaraderie through PDM Facebook where we share our good thoughts and feelings as a dermatologist. As they say in Star Wars "may the force be with you", today our Society is growing stronger with the support of all members, which has increased tremendously for the last 40 years. In the international arena renowned speakers are coming to our annual conferences but more importantly Malaysian dermatologists too are invited to present papers and invited as guest speakers.

Once again the Persatuan Dermatologi Malaysia applaud all members who have contributed to the success and vibrant existence of our society.

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Dr. Rohma Ridzwan
PDM Vice President
Newsletter Editor

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PRESIDENT'S Message

I am truly humbled and honoured to assume the role of President of Persatuan Dermatologi Malaysia (PDM) after serving in the executive committee since 2004. For the past 12 years, having served under 6 presidents, I have seen how the society has steadily progressed and this has served as an inspiration for me to strive harder to elevate our society to the next level.

I am aware the I have big shoes to fill as our past presidents had done such excellent works for the society. My aspiration for the society will not be a reality without the dedication and commitment of my committee members for which I am deeply grateful. Together, we have identified key areas which we would like to develop as a society:

Research. We acknowledge our gaps in high quality research which has impeded our goal of getting our journal, the Malaysian Journal of Dermatology, indexed in Pubmed and International Scientific Indexing. I appeal to all our members, especially our young dermatologists, to take up the challenge to participate in good quality research and raise the bar of dermatologic research in our country. Let us work together to put Malaysia on the world stage.

Training. All of us are aware that Medicine is lifelong learning. It does not stop after one has qualified as a dermatologist. Herein, PDM is committed to provide continuous training for our members especially in highly specialized fields. We have identified a few areas of need which we would like to start with, such as nail surgery, cosmetic dermatology and dermatopathology. In the ensuing months, we will be conducting workshops and seminars to better equip our members with these skills. I would also like to introduce you to the concept of "peer-to-peer training" whereby we help each other to learn. We welcome ideas from members on how we can make this work. As the saying goes, "knowledge shared is knowledge gained", and knowledge is the core of better care.

Education. The skin is known to be the largest organ of the body and in my opinion, it is also the most misunderstood. There are enough misconceptions about the various skin diseases and as dermatologists, we have not done justice if we do not dispel them. On this note, we have done well by contributing articles in mainstream newspapers to educate the public about the different types of skin diseases for the past 2 years. This year, we are embarking on a project in a larger scale, to reach out to secondary school students throughout the country to educate them about their skin as they reach puberty and to dispel myths especially concerning acne. This project called "Project Adolescent Skin Health (PASH)" will be carried out in phases, starting in Ipoh. We call upon our members who are interested to reach out to these young kids to sign up for this project and help us make this project a success.

Collaboration. We have done well in terms of collaborating with Dermatology Departments within the Ministry of Health and universities and the pharmaceutical companies on various activities ranging from CME programme to community outreach programme. We hope to extend our collaborative efforts with other member societies in Malaysia, and also with dermatological societies within ASEAN region to address areas of need and to promote education and research.

With only 9 members within the executive committee, the above tasks would seem monumental. So dear friends, I invite you to join us in this endeavor as we press on. I invite you to share this dream with us and together make it come true

Sincerely,

Agnes Heng
President

Introducing Our NEW MEMBERS



Dr Benji Teoh Tze Yuen
Selayang Hospital



Dr Evelyn Yap Wen Yee
Muar Hospital



Dr Kwan Zhenli
University Malaya
Medical Centre



Dr Latha A/P Selvarajah
Sultan Ismail Hospital,
Johor Bahru



Dr Norazura bt Mohamad
Sultanah Nur Zahirah
Hospital



Dr Ng Fei Yin
Tengku Ampuan Rahimah
Hospital, Klang



Dr Preamala A/P
Gunabalasingam
Malacca Hospital



Dr Rajalingam A/L
Ramalingam
Hospital Tengku Ampuan
Afzan, Kuantan



Dr Moonyza Akmal
Ahmad Kamil
Kuala Lumpur Hospital



Dr Tee Shwu Hoon
Serdang Hospital



Dr Nur Ashikin Ahmad
Faculty of Medicine, UiTM



Dr Wan Syameen Afira
Wan Ahmad Kamal
Faculty of Medicine, UiTM



Dr Tan Leng Leng
University Malaya
Medical Centre



Dr Vaani Valerie
Visuvanathan
International Medical
University

EXECUTIVE COMMITTEE 2016-2017

Persatuan Dermatologi Malaysia

President
Dr. Agnes Heng Yoke Hui

Vice President
Dr. Rohna Ridzwan

Hon. Secretary
Dr. Noor Zalmy Azizan

Hon. Treasurer
Dr. Chan Lee Chin

Committee Members
Dr. Sabeera Begum,
Dr. Tan Wooi Chiang,
Dr. Ruban Nathan,
Dr. Azura Mohd Affandi

Immediate Past President
Dr. Henry Foong Boon Bee

Hon. Auditor
Dr. Pubalan Muniandy

CDLM Board 2016 - present:

Chairperson
Dr Ruban Nathan

Vice- Chairperson
Lim Shueh Wei

Committee members
Dr Agnes Heng
Dato Dr Noor Zalmy Azizan
Dr Gangaram Hemandas
Dr Ting Hoon Chin
Dr Mohd Noh Idris
Dr Gan Ain Tian
Dr Henry Foong
Dr Melinda Tong
Dr Nazirin Ariffin
Dr Norazirah Md Nor
Dr Mazlin Mohd Baseri
Dr Peter Ch'ng
Dr. Tang Jyh Jong



From the desk of the current Chairman of CDLM Board

Ruban Nathan FRCP
Chairman Cosmetic Dermatology & Laser Medicine Board of PDM

Welcome to the era of blood or Vitamin or stem cell injecting, sheep placenta pill popping madness offered by "Beauty" Doctors. The Snake oil selling Punter is back, but this time instead of from the back of a wagon. The Internet is providing the wheels to sell it hard & fast! One wonders if a budding Medical Student's interview strategy might begin: "that instead of digging that ditch in Tanzania ... I went to apprentice at a Group Aesthetic Practice & harbour a dream of making the worlds skin tighter."

Frustratingly, we have seen a tangential increase in illicit procedures since the advent of the Practicing guidelines, certification & Specialist Registries. Having been actively involved in the setting up & implementation of these guidelines to which end Dato Roshidah Baba & Dato Noor Zalmy amongst many others are owed a huge debt ...the Cosmetic Dermatology & Laser Board has been tasked with shifting its He Ne beam on the issue of this deception.

Under the stewardship of our new President, Agnes Heng, a fresh committee was formed toward the end of last year & rapidly began the work of "Putting Dermatology first", in the minds eye of the public & indeed the Powers that be. Simon So of Vector Bros was given the job of our website revamp under the obsessively watchful eye of our President, Dr. Agnes. The end result of which is nothing short of stunning! Our FB Page now in its infancy has begun posting & recruiting friends. If all our chest beating falls on deaf ears, this page might be our best recourse to redirect the eyes & ears of the public to more evidence based consumerism. After all the most effective way to win hearts & minds now is the social media. So please step up you Millennial Dermatologists, "Like" the page & help us recruit more followers & friends & let the Baby Boomers step aside from what is for us a harrowing medium.

So to answer the question "Could the real Dermatologist please stand up?" I welcome you all to Google search Dermatologist Malaysia /Skin Specialist Malaysia. I promise that you won't be furious but you might be livid.

Our steps towards approaching "The Powers that be" namely the Malaysian Medical Council & The Medical Practice Division with our list of grievances has begun in earnest & I look forward to adding a few lyrics to that John Lennon song - when I next update you on our progress.

Imagine... a world with no Snake Oil ...

In-House Conferences

41st Annual Dermatology Pre-congress Contact Dermatitis Workshop

Dr. Rohna Ridzwan
Selayang Hospital

This workshop focused on investigations techniques and management of patients with suspected contact dermatitis. It was attended by 60 dermatology trainees, dermatologists and dermatology medical officers. Trainers were from Department of Dermatology, Selayang Hospital.

Techniques demonstrated include



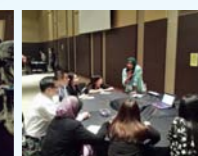
1. Patch test to commercial allergen series



2. Patch test to patient's own product as is



3. Dilution of patient's own product



4. Choosing additional series



5. Leaflets and video aided patient education

41st PDM Annual Dermatology Conference

Dr. Henry Foong *Consultant Dermatologist*
Foong Skin Specialist Clinic, Ipoh

The 41st Annual Dermatology Conference was held in East Malaysia at the Pullman Kuching, Sarawak from 15-18th September 2016. It was indeed a memorable event to hold it in Kuching again as it was about 20 years since we last held our conference in Sarawak. For the first time in the PDM history, we have our Health Minister Datuk Seri Dr. S Subramaniam to officiate the opening ceremony of our annual conference. The theme of the conference was "New Horizons in Immunology and Dermatology". The recent rapid progress in immunology has a great impact in dermatology. Many skin diseases are now better understood due to increased knowledge of immunology. There were 187 delegates who participated at the conference.

The program was very intense with lectures and workshops given by experts in their respective area of interests. The pre-congress workshop was on Allergy Testing. Skin prick test, patch test and work site allergy were among the topics covered. We had 2 international guests speakers for our conference, Prof. David Cohen and Prof Woraphong Manuskiatti. Professor David Cohen from the Department of Dermatology, New York University School of Medicine, New York, USA participated at the pre congress workshop, and spoke at the Ganesapillai Memorial Lecture: "New Horizons in Contact Dermatitis", "Under diagnosis of Occupational Skin Diseases", "Photocontact Dermatitis - What's new" and "Work site Allergy". He is President of the American Dermatological Association and past President of American Contact Dermatitis Society. Professor Woraphong Manuskiatti, Professor of Dermatology, Department of Dermatology, Faculty of Medicine Siriraj Hospital, Bangkok spoke on "Fractional Resurfacing for

Persatuan Dermatologi Malaysia – Mid Term Meeting 2017

Jenny Tan, *Paediatric Dermatology trainee*

The 2017 **Persatuan Dermatologi Malaysia Midterm Meeting** was organized by Paediatric Dermatology Unit Hospital Kuala Lumpur at Institute of Paediatrics, Hospital Kuala Lumpur. The theme for this year was Paediatric Dermatology Clinicopathology Conference, where emphasis was placed in pediatric dermatology and dermapathology cases with actual patients. The conference was held over 2 days, on 1st and 2nd April 2017.

We were privileged this year to have Prof. Wu Yu-Hang, Professor of Dermatology from Mackay Memorial Hospital Taipei, Taiwan, as our guest speaker. Professor Wu shared his invaluable advice and comments on clinical and as well as the histopathological discussions. We were also fortunate to have Dr. Lee Bang Rom, Consultant Pathologist from University Putra Malaysia, and Dr. Dawn Ambrose, Consultant Dermatologist from Hospital Ampang, who shared their expertise and experience by reviewing the challenging pediatric cases and sharing on specific topics – Basic Dermatopathology on Vascular Anomalies and Pediatric Mastocytosis.

We had a successful two-days conference, attended by more than 80 participants. The first day focused on lectures of topics such as 'Role of Histopathology in Paediatric Papulosquamous Disorders' by Professor Wu and 'Paediatric Histiocytosis' by Dr. Leong Kin Fon. These are followed by 15 challenging paediatric cases from other hospital for discussion in the clinic-pathological conference, leveraging digital pathology slides projected in the screen for the audience.

The second day was even more engaging, where the organizers have facilitated the real patients to be present at the conference venue. Physicians and students can take history, examine skin lesions and look



Figure 1: speaker Prof. Cohen



Figure 2: Minister & Exco members

acne scars" and "Non-invasive Body contouring: How I do it".

Among other speakers were Prof Goh Chee Leok (Singapore) who spoke of "Lasers: What's for the future", and Prof Steve Feldman (USA) on "New Updates in the Topical Management of Psoriasis". We also had local speakers Prof. Lim Shueh Wei spoke on "Diagnosis and Management of Anaphylaxis", Dr. Rohna Ridzwan on "Patch test beyond the European Standard series", Paediatric Dermatologists, Dr. Sabeera Begum, Dr. Leong Kin Fon, and Dr. Heah Sheau Szu spoke on "Skin manifestations of Autoimmune diseases in children", Dr. Tang Min Moon on "Preservative Allergy", Dr. Irene Lee "Beyond Skin Barrier repair", Dr. Kent Woo on "Immunology of atopic dermatitis" and Dr. Ch'ng Chin Chwen on "Metal Allergy". Among other speakers were Prof. Shinichi Imafuku (Japan), Assoc. Prof Kurt Gebauer (Australia), Assoc. Prof. Stefano Piaserico (Italy), Dr. Rataporn Ungkaporn (Thailand), Dr. Tian Yangxi (China) and Dr. Nan-Lin Wu (Thailand).

The scientific sessions were highly informative and well attended. Electronic posters presentation were used and were well received by the delegates. It was great opportunity to meet dermatologists, dermatology trainees and medical officers from various states. The location of the conference in Kuching gave us all the opportunity to visit this unique historic Sarawak capital and to admire the culture and wildlife of the state.



at pathology slide of skin biopsy directly in the same room. The patient and their parents came from distant places, including from islands that may need to take airplane to come to the conference. However, the effort in overcoming these logistical challenges bore much fruits – participants highlighted with enthusiasm the clearer understanding from interacting with real patients, as compared to discussions over presentations and slides.

The conference closed with further discussions on Papulonecrotic Rash in Children, Basic Dermatopathology on Vascular Anomalies, Paediatric Mastocytosis and Challenging Childhood Melanocytic Naevus by the esteemed speakers.

All the speakers and participants enjoyed both the theoretical and practical aspect of the discussions, with active participations and engagements between speakers and delegates clearly marking the success of the 2017 conference. We extend special thanks to Dr. Lee Bang Rom for his contribution in making this conference a success. We also thank Eddie and Rachel for their help in preparing digital pathology slides.

5th Northern Dermatology Summit 2017

Essentials in Dermatology – From Basic to Advance

Dr Tan Wooi Chiang, *Organizing Chairman*
Hosp Sultanah Bahiyah



Figure 4: Dr Yang Chin Yi, invited speaker from Chang Gung Memorial Hospital, Taipei, Taiwan ROC

This is the 5th consecutive year we organize Northern Dermatology Summit (NDS), collaboration between Department of Dermatology, Hospital Sultanah Bahiyah, Hospital Pulau Pinang, Hospital Raja Permaisuri Bainun, Hospital Tuanku Fauziah, Malaysian Medical Association (MMA), Persatuan Dermatologi Malaysia and Academy of Medicine.

The objective of this course is to introduce a regular continuous medical education program for both government doctors and private practitioners, with the hope of improving standard of care in Dermatology including cosmetic dermatology. The topics chosen are the common dermatologic conditions we encounter in our daily practice and some update on various aspect of dermatology. We have a line-up of distinguished oversea and local speakers to share their experience with us this year. My fellow comrades - Dr Yang Chin Yi, Dr. Chan Lee Chin, Dato Dr Noor Zalmy Azizan, Dr Leong Kin Fon, Dr Tang Jyh Jong, Dr Ng Su Yuen, Dr Khor Yek Huan, Dr Lee Hock Leng, Dr Yeoh Chin Aun, Dr Loh Ken Chen, Dr Loo Chai Har, Dr Norazlima Mohd Ali and Dr Low Dyo-i-E.

I would like to take this opportunity to express my sincere thanks to Dr Yang Chin Yi who is willing to sacrifice her precious time to travel all the way from Taiwan to share her knowledge with us. Dr Yang also helped to conduct "Botox and Filler workshop", and the participants had find it very useful and practical.

We also hope that through courses like these that we will be able to get more young doctors to develop an interest in Dermatology and to pursue it as their subspecialty. I would like to thank all our invited speakers, co-organizers, committee members, sponsors and anyone who in one way or the other has contributed in making this event possible.



Figure 1: My Dream Team



Figure 2: Overwhelming response from the participants



Figure 3: Total of 269 participants for NDS 2017

International Debut

Event:
25th Congress of the European Academy of Dermatology & Venereology
Venue: Vienna, Austria
Date: 27.09.2016 - 02.10.2016
Invited speaker:
Dr. Leong Kin Fon (*centre*)
Topic: Childhood histiocytoses



Event:
10th Asian Dermatological Congress (Pre-congress workshop on Contact Dermatitis)
Venue: Mumbai, India
Date: 13th October 2016
Invited speaker:
Dr. Rohna Ridzwan (*5th from right*)
Topic:
Patch test beyond European Standard series & post-patch test patient education in Malaysia



Event:
Asian Alliance of Dermatological Societies Meeting
Venue: Mumbai, India
Date: 14th October 2016
Asian Dermatological Association Executive Committee member:
Dr. Steven Chow (*Seated at extreme right*)
PDM representative:
Dr. Rohna Ridzwan (*Seated 2nd from right*)



Event:
8th Asian Congress of Paediatric Infectious Diseases
 Venue: Bangkok, Thailand
 Date:
 7.11.2016 - 9.11.2016
 Invited speaker:
 Dr. Sabeera Begum (*left*)
 Topic: Common skin infection in children



Event:
Joint Congress of Asia Pacific Association of Allergy, Asthma and Clinical Immunology (APAAACI) and Asia Pacific Association of Paediatric Allergy, Respiratory & Immunology (APAPARI) 2016
 Venue: Kuala Lumpur, Malaysia
 Date: 20th October 2016
 Invited speaker:
 Dr. Rohna Ridzwan (*extreme left*)
 Topic: Not all rash is Atopic Dermatitis:
Contact Dermatitis
 Invited speaker:
 Dr. Lim Shueh Wei (*centre*)
 Topic: Not all rash is Atopic Dermatitis:
Urticaria
 Invited speaker:
 Dr. Ruban Nathan (*not in picture*)
 Topic: Not all rash is Atopic Dermatitis:
Seborrhoeic dermatitis



Event:
South East Asia Immunology Masterclass
 Venue: Bangkok, Thailand
 Date: 2nd April 2017
 Invited speaker:
 Dr Azura Mohd Affandi (*3rd from right*)
 Topic: Psoriasis Registry- Malaysia Experience and other registries worldwide
International Psoriasis Council (IPC) member
 Dr. Choon Siew Eng (*3rd from left*)

My experience at the 2017 American Academy of Dermatology Annual Meeting in Orlando, Florida

Dr. Rajalingam A/L Ramalingam
 Hospital Tengku Ampuan Afzan, Kuantan



Attending the 2017 AAD Annual Meeting in Orlando, Florida from 3 – 7 March was a life-changing experience! I was also honored to be a recipient of the prestigious Strauss & Katz international scholarship award and be able to share my Advanced Master thesis on vitamin D in vitiligo as a poster presentation with other delegates at the event.

The meeting itself was packed with many relevant and contemporary seminars on diverse topics. It was truly impressive that most seminars focused on concise treatment algorithms for various common and rare dermatoses. I personally found this clinical, back-to-basics approach to be extremely beneficial to my daily practice. The dermoscopy workshop, which I was fortunate to be given the opportunity to attend, was another remarkable experience that enabled me to broaden my clinical expertise.

In short, as a young dermatologist, I benefitted tremendously from this experience, and I have Persatuan Dermatologi Malaysia to thank for supporting me in this fruitful endeavor.

Health Awareness Campaign

Memorable Event at Setia - City Park 14th May 2017

Tarita Taib, AdvMDerm
 UiTM

With the great support from Malaysian Dermatological Society (PDM), we have successfully organized the second National Skin Day 2017. The aims were to support the Dermatological related NGO's, among a few; Malaysian Ichthyosis Society, DEBRA, Selangor Albinism Society, Malaysian Psoriasis Society, and to increase the public awareness of the variety of skin diseases, either common or rare, that would help to boost individual skin healthcare, while reducing stigmatism toward the already suffering patients. We also aimed to educate the younger generation, specifically the adolescence group, of the importance of seeking medical help for their skin problems.

The collaborative efforts by both team members from two varsities medical student associations namely UPM Putra Medic and UiTM MESTA, with the supervision from the dermatology teams from the mentioned institutions and Hospital Selayang, had successfully made this event more grandeur than the previous year. Many gratitude to our event sponsors from dermatology related pharmaceutical, corporate and commercial skin care companies.

In a clear beautiful morning, event had started at 7.00 am with participations of more than a thousand from public and volunteers. Our MCs of the day, Astro - host Khairil Aswad and Dr Meera had helped in creating a lively atmosphere. Highlights of the day included Zumba dance warming-up by Panda Fits instructors, followed by the 3-km costume fun-walk carrying theme of 'heroes and villain' and was led by African drums beat (courtesy from my beat). A- 800m oval-lawn walk also was organized for the late comers and less fit participants. After a heart-warming show by students from SMK Puncak Alam 3, the event was then officiated by our dear PDM president, Dr



Volunteers having light moment

Agnes Heng alongside the chairperson, Dr Kartini Farah. The event had become more interesting when Mr Harith Iskandar took on the stage awarding the prizes to the winners with his charismatic funny manners.

Rising to the occasion were the education booth events, which were divided into 2 parts; acne education short speech, with visual and props back-up, and individual skin consultation. About a hundred adolescences had benefit from the acne education and more than a-hundred public had attended the skin consultation booth. Participants were also able to access other booths by the NGO's and sponsors. They also were happily seen taking pictures with the costume worn volunteers from Kindness Malaysia

With the help of good media coverages, we sincerely hope that this event had reached the public with positive messages. We really appreciated the helps that we had from many kind individuals which had helped us to make this event a reality. Lastly, we should tap our shoulders for the good team works and efforts.



PDM power group & family



Toddlers also joining the charity walk



MCs in action

Event:
3rd Asia Pacific Meeting of Experts in Dermatology
 Venue: Bali, Indonesia
 Date:
 22.4.2017 - 23.4.2017
 Invited speaker:
 Dr. Agnes Heng (*2nd from right*)
 Topic: Adult Female Acne - Hormonal Therapy



Event:
World Congress of Paediatric Dermatology 2017
 Venue: Chicago, United States of America
 Date: 7th July 2017
 Invited speaker:
 Dr. Leong Kin Fon (*extreme right*)
 Topic: Congenital Generalized Hypopigmentation



Dr Leong at World Congress of Paediatric Dermatology

My experience at the 2017 American Academy of Dermatology Annual Meeting in Orlando, Florida

Dr Yeoh Chin Aun
 Hosp Sultanah Bahiyah, Alor Setar, Kedah

Journey to the west

With great pleasure, I was given a chance to attend the American Academy of Dermatology (AAD) Annual meeting on 3 of March 2017 at Orlando, Florida. This amazing trip has given me the opportunity to meet with our worldwide dermatology colleagues and also in touch with the latest dermatological related knowledge by distinguished world class speakers.

In this conference, various dermatology hot topics were covered extensively. There were more than hundreds of poster and oral presentations. It is the largest scale of dermatological related e-poster presentations I have ever attended so far as a junior dermatologist. I was also given a chance to share my research on genitourinary medicine in the e-poster presentation and the feedback received from my counterparts has benefits me a lot.

Finally, I would like to thanks AAD for giving me the international scholarship to attend this great conference. Of course, all this happened with the encouragement from Dermatological Society of Malaysia for me to interact and share our knowledge with our dearest worldwide friends.



A fun moment with distinguished dermatologists and new friends from various countries in the 2017 international scholarship recipient dinner of AAD



Volunteers busy at education booth



All smiles for the album

Acne Awareness Campaign

Nur Ashikin Ahmad, AdvMDerm
Director for Acne Awareness Campaign and Teenagers' Skin Consultation Clinic National Skin Day 2017

Acne is a significant health issue among teenagers and adult population. It is not just a skin disease but it can have a major impact on the emotional and wellbeing of those affected. In an effort to educate the public and in conjunction of National Skin Day 2017, Persatuan Dermatologi Malaysia (PDM) held its very first Acne Awareness Campaign on 14th May 2017 at Setia City Park, Setia City Mall Puncak Alam.

The main objective of Acne Awareness Campaign is to increase public awareness especially teenagers about acne through array of fun activities and educational talks. Educational talks were held in the morning till afternoon where medical officers from Selayang Hospital (Figure 1) and Primary Care Medicine, Faculty of Medicine UiTM talk about causes and treatment of acne, lifestyle measures with a Q & A session at the end. It received an overwhelming response as the talk was engaging and interactive which managed to attract more than 80 participants.



Figure 1. Selayang volunteers

The exhibition booth also provide a standing display of posters that features a combination of information about causes of acne, recommended treatment, proper skin regimes; conveying strategic messages for a healthy skin practice. Medical students from MESTA (Medical Student Association of UiTM) and PMC (Putra Medical Club) facilitate the activities and engage with the public at each exhibition booth. The booth was well received with more than 200 visitors and the visitors had fun at the interactive quizzes. Although the target audience for this campaign was teenagers, the campaign managed to attract many people including adult visitors.

In addition, Teenagers' Skin Consultation Clinic was conducted and brief consultation was also carried out. The clinic provides an excellent opportunity for the teenagers to have a direct communication regarding their skin problem with the dermatologists Dr. Benji Teoh, Dr. Kwan Zhenli (Figure 3) and Dr. Tee Shwu Hoon with the help of 5 medical officers from Department of Dermatology, Selayang Hospital and Primary Care Medicine, Faculty of Medicine UiTM. The clinic was held in the morning till afternoon and involved 50 visitors who had a consultation with the dermatologists.

The Acne Awareness Campaign would not have been possible without the support of its team members. The greatest thanks goes to all the members who have given their time and make this campaign a success.

Thank you to you all.



Figure 2. Acne Counselling



Figure 3. Shikin & Benji

Eczema Family Day Trip to Petrosience

Dr Nirmala Ponnuthurai, Paediatric Dermatology Trainee

On 24th Febuary 2017, the Pediatric Dermatology Team from HKL organized a fun filled field trip to Petrosience KLCC for our Eczema children. Each year a variety of events are organized for our Eczema patients together with their caretakers and this year we decided to encourage our budding scientist to explore science. The participation for the event was overwhelming with a total of 30 eczema children together with their caretakers and our staff amounted to 60 persons. Our day started with the group meeting up at HKL and taking a pre-arranged bus ride to KLCC. There we were greeted by the Petrosience Officials and our kids were whisked away on their science adventure.

Firstly the kids were taken on a "Dark Ride". This 'ride' is shaped like an oil drop and moves on a track bringing them through the rainforests, mountains and sea to show Malaysia's transformation and its advancement into the new millennium. Next was 'museum-style' concept with a collection of everything from space age exhibits to fossils and a life sized dinosaur with real time sound effects which had the kids excited. We were also fortunate as the Petrosience Officials had arranged for a Special Science Experiment Show for our kids where they participated and enjoyed doing experiments together. Next was the visit to Speed area for Formula One exhibits. Here, the kids experienced hands-on exhibits on the science and technology behind the vehicles and got a chance to ride on the Formula One



car. Besides taking turns driving the car many were also seen snapping away pictures. Following this they had a movie treat in the mini theatre where they watched "The Molecule Nano world" 3D movie. By this time most of them were hungry and they were ushered to the Petrosience Cafeteria where they were served lunch together with their caretakers before departing. At the departure area they were further delighted to receive souvenir gifts courtesy from Petrosience.

The Eczema Family day was a huge success with the kids having fun together with the staff and parents were seen interacting with one another and giving each other support. There were many encouraging comments by the parents to organize more events in the future and thanked the Team for taking the effort to making it a wonderful event.

1st Hidradenitis Suppurativa Awareness Day in Malaysia at Hospital Kuala Lumpur – 20 August 2016

Dr. Azura Mohd Affandi
Organizing Chairperson 1st
HS Awareness Day in Malaysia

Hidradenitis suppurativa (HS) is not a common skin disease and affects less than 1% of the world population. It tends to affect young patients and can have a significant impact on their qualities of life. Treatment options are also limited and in some patients, they remain recalcitrant despite extensive treatments. Therefore, it is important for patients to discuss with their doctors regarding treatment options. Patient support group can also help where patients can share their views with other patients and support each other. Realizing this, we decided to set up HS Patient Support Group, which is head by Mr. Muhd. Ikmal Ahmad as the president, and Dr. Kartini Farah Rahim as the Medical Advisor.

The 1st HS Awareness Day in Malaysia was celebrated at Hospital Kuala Lumpur on 20th August 2016. The theme for HS Awareness Day 2016 is 'Out in the Open'. About 100 people, comprising of patients and their families members and medical personnel from Hospital Kuala Lumpur, attended it. The event was officiated by Dr. Kuldip Kaur a/p Prem Singh, Deputy Director of HKL. There was patient sharing session where patients shared their journey in HS. It was then followed by educational talks by Mr. Paul Jambunathan, Clinical Psychologist and SN Sitra Suppiah. The highlight of the event was the launch of the HS Support Group Malaysia, which was accompanied by the energetic performance by the UPM 24 seasons drum club.

With the launch of HS Support group in Malaysia, we hope patients with HS have a platform to share their experiences and gain more knowledge through the activities planned in the future.



Epidermolysis Bullosa Awareness Day in Conjunction with World Psoriasis Day 2016 Celebration (Northern Malaysia)

Dr Tan Wooi Chiang, Organizing Chairman
Hosp Sultanah Bahiyah

World Psoriasis Day 2016 Celebration were carried out at 2 different areas in Malaysia

- Central region (6 Nov 2016): Taman Botani Perdana, Kuala Lumpur
- Northern region (28 Oct 2016): Hospital Sultanah Bahiyah, Alor Setar, Kedah

Epidermolysis Bullosa Awareness Day in conjunction with World Psoriasis Day 2016 Celebration (Northern Malaysia) was organized by Malaysian Dermatological Society, Penang Psoriasis Patients Caring Association, Kedah Psoriasis Association, Department of Dermatology, Hospital Pulau Pinang, Hospital Sultanah Bahiyah in Kedah and Hospital Raja Permaisuri Bainun in Ipoh, supported by student volunteers from AIMST University and Insaniah College University.

A total of 250 patients with psoriasis and their care taker came together to create awareness that the ailment is not contagious. Other activities include Zumba dance, DIY key chains, balloon art, face painting, doodling competition, psoriasis & skin health exhibition, skin & dental health screening, patient sharing session, public health talks, quiz, lucky draw and photo booths.



Figure 1: The participants enjoyed making key chain



Figure 2: Dental health corner



Figure 3: Patient sharing session



Figure 4: Skin consultation by Dr Loh Ken Chen and Dr Low Dyo-E



Figure 5: Medical check-up



Figure 6: Photo booth



Figure 7: Group Photo of organizing committee and volunteers

Baling Dermatology Camp and "Thick Skin Gene Hunting Clinic"

Dr Tan Wooi Chiang, Project Director
Hosp Sultanah Bahiyah

Following the success of implementation of "Thin Skin Gene Hunting Clinic" at Pitas, Sabah on 28th August 2016, we now switch our gear to another genodermatoses project named "Thick Skin Gene Hunting Clinic" this year. We moved from East Malaysia to West Malaysia.

This event is a jointed effort of DSM, Department of Dermatology, Sultanah Bahiyah Hospital, Kedah, Health Department of Kedah Stat, and Malaysian Ichthyosis Patient Support Group and was supported by student volunteers from AIMST and a local NGO – Friends@Charity.

Baling Dermatology Camp and "Thick Skin Gene Hunting Clinic" took place in Baling, a rural district in Kedah. More than 300 patients took part in the dermatology camp on 18 February 2017 at Health Clinic Kupang, Baling. A series of activities were held, including aerobic exercise, sport competition, skin health exhibition, skin health screening, skin health talks and free blood screening for diabetes, dyslipidaemia and hypertension. A total of 12 congenital ichthyosis patients were treated and 100 non-ichthyosis volunteers' (as control) blood samples were taken for gene analysis. A special thanks to Dr Zacharias A Dwi Pramono and their team from National Skin Centre, Singapore for their assistance.

Friends@Charity group also helped to set up screening clinics for eye diseases, hearing problem and paediatric clinic. Bravo to all, for making the event a great success!



Group photo of all volunteers

World Psoriasis Day Celebration 2016 (Central region)

Dr. Azura Mohd Affandi, Medical Advisor
Psoriasis Association of Malaysia

World Psoriasis Day (WPD) is an annual day specially dedicated to people with psoriasis and/or psoriatic arthritis. It was first initiated in 2004, and is celebrated on 29th October each year. It aims to raise awareness, increase understanding and build unity among



psoriasis community. The theme for World Psoriasis Day Celebration 2016 was 'Breaking Barriers for Patients with Psoriasis'.

Psoriasis Association of Malaysia had been celebrating the World Psoriasis Day since 2011. The Department of Dermatology, Hospital Kuala Lumpur, in collaboration with Psoriasis Association of Malaysia and Persatuan Dermatologi Malaysia celebrated WPD on 6th November 2016 at Taman Botani Perdana, Kuala Lumpur. About 150 patients and their family members attended it.

The event was officiated by Datin Dr. Asmah Johar, Senior Consultant Dermatologist & Malaysian Head of Dermatology Service. It was marked by the release of orange and blue balloons by the doctors, patients and their family members, which symbolizes freedom. It was then followed by 'Psoriasis mini walk', where the participants walked around the beautiful Botanical Garden. There were 4 pit stops, where they had to answer on the common facts on psoriasis. After the walk, the fun continued with games where participants were rewarded with small gifts. The event ended with energetic performance by Jazzercise.

Overall, it was an educational and fun day for patients with psoriasis. There was also good media coverage of the event. We hope to continue this yearly celebration and thanked all sponsors and participants for making it a memorable day for all.



Training

Training Programmes by Department of Dermatology, Kuala Lumpur Hospital

Datin Dr. Asmah Johar
Head of Dermatology service, Malaysia

Specific Subspecialty Training Programme

As part of our commitment to ensure that all those involved with managing skin related diseases are knowledgeable and competent, specific trainings are organized regularly. We recently conducted the 11th nursing course in dermatology with participants from various states. This enables the nurses to obtain the appropriate exposure.

The phototherapy course on 15th to 16th May was a success and will continue to be conducted every two years. Dermatology course in Hansen's disease for Family Medicine specialists and paramedics on the 22nd to 25th May were also well attended and will continue to be an annual event. After a gap of more than 8 years, STIs conference will be conducted in Port Dickson with the assistance of Malaysian Society of Dermatology and Tuberculosis/ Leprosy Section, Ministry of Health.

Advanced Master of Dermatology Programme

Recently Dr. Ng Fei Yin, Dr. Moonyza Akmal Bt Ahmad Kamil and Dr. Vaani Valerie Visuvanathan pass the Advanced Master of Dermatology examination and therefore contributed to the 47 Dermatologists trained through this programme since 2002. With the increasing number of dermatologists in the public universities; PPUKM, PPMU, UPM and UiTM, 10 in total, they can assist to improve training programme in the future and carry out more research.

Due to very limited scholarships for subspecialty training abroad, initiatives are now being carried out to train dermatologists in specific areas such as lasers, contact dermatitis, allergy in skin and dermatopathology in the local setting. Short courses abroad hopefully will make a comeback in better times.



Figure 1: Clinical session on how to apply topical medication



Figure 2: Hansen's course: SSS reading

Advanced Master of Dermatology Programme Report

AP Dr Adawiyah Jamil, Programme Coordinator
Department of Medicine, Universiti Kebangsaan Malaysia

The 14th batch of the Advanced Master of Dermatology (AdvMDerm) enthusiastically enrolled into the programme on 1st June 2017 soon after the 11th batch completed their exit examination. Dr Wong Kit Wan is undergoing the first half of her training in HSAJB, Dr Goh Siew Wen and Dr Rasimah Ismail in UKMMC, Dr Kiing Jiu Wen and Dr Teeba Raja in Serdang Hospital and How Kang Nien in Hospital Umum Sarawak. Since the last report, two examinations have been conducted.

The last examination was on 2nd - 4th May 2017 at the Department of Medicine, University Kebangsaan Malaysia Medical Center. The esteemed examiners were Dr Agnes Heng, Consultant Dermatologist at Agnes Heng Dermatology and current president of the Dermatological Society of Malaysia and Dr Ng Ting Guan, Consultant Dermatologist and Head of Department in Tengku Ampuan Rahimah Hospital Klang. Dr Ng Fei Yin, Dr Moonyza Akmal Ahmad Kamil and Dr Vaani Valerie Visuvanathan passed the examination and will be awarded the AdvM Derm during the University Kebangsaan Malaysia 45th Convocation Ceremony in October 2017.

The other examination was conducted on 31st October to 2nd November 2016. Dr Chan Lee Chin, Consultant Dermatologist and Head of Department Penang Hospital and Dr Pubalan Muniandy, Consultant Dermatologist and Head of Department Hospital Umum Sarawak were the examiners for Dr Anisha Bhullar, Dr Wan Syameen Afira Wan Ahmad Kamal, Dr Benji Teoh Tze Yuen, Dr Norazura Mohamad and Dr Nur Ashikin Ahmad. Congratulations to the 8 new dermatologists.



The May 2017 AdvMDerm examination.
Standing from left to right: AP Dr Adawiyah Jamil Dr Vaani Valerie Visuvanathan, Dr Moonyza Akmal Ahmad Kamil, Dr Ng Fei Yin and Dr Norazira Md Nor
Sitting from left to right: Dr Ng Ting Guan Dr Agnes Heng



University Kebangsaan Malaysia 44th Convocation Ceremony 2016
From left to right: Dr Lee Hock Leng, Dr Latha Selvarajah, Dr Suganthi Robinson, Dr Tan Leng Leng, Dr Kwan Zhenli, Dr Rajalingam Ramalingam, Dr Sharifah Rosniza Syed Nong Chek, Dr Yeoh Chin Aun and Dr Kho Wee Meng.
(Dr Tee Shwu Hoon, Dr Preamala Gunabalasingam, Dr Ling Hee Ninh and Dr Evelyn Yap Wen Yee - not in the photograph).

Clinical Attachment on Cellular Grafting with Assoc Prof Steven Thng in National Skin Centre, Singapore

Dr. Tang Jyh Jong
Raja Permaisuri Bainun Hospital, Perak



Non-cultured epidermal cellular grafting is an innovative surgical technique that can be used for the treatment of stabilized leucoderma including vitiligo. Managing patients with vitiligo has always been my passion and it is also my dream to continue my pursuit in cellular grafting to help this group of patients. I was truly fortunate to be offered a scholarship by Ministry of Health to do a clinical attachment on cellular grafting in National Skin Centre, Singapore together with my paramedic, Encik Mohd Yuszely in October 2016. We were very pleased to have Assoc Prof Dr Steven Thng as our mentor who is a very experienced senior consultant dermatologist and is highly regarded in the field of pigmentary disorder particularly vitiligo.

Assoc. Prof. Dr Steven is an outstanding teacher and very dedicated in his work. He has selflessly guided us the steps in performing non-cultured epidermal cellular grafting and shared with us some of the tips in managing challenging vitiligo. We have the opportunity to observe this procedure from harvesting the donor graft to preparing the epidermal cell suspension in laboratory and applying the cellular suspension onto recipient site. Besides that, we also have the opportunity to attach in pigment clinic and phototherapy clinic. This attachment was really an eye opening experience for me. I hope my newly acquired knowledge will benefit our patients with vitiligo and improve the treatment care for this group of patients. Lastly,

I would like to thank Ministry of Health and Malaysian Head of Dermatology Service, Datin Dr Asmah Johar for her nomination and support for my scholarship.

Clinical Attachment on Dermatopathology with Assoc Prof Yu-Hung Wu, Mackay Memorial Hospital, Taipei, Taiwan

Dr Leong Kin Fon
Paediatric Institute, Hosp Kuala Lumpur



Clinical attachment on pediatric dermatopathology with Associate Professor Yu-Hung, Wu in Mackay Memorial Hospital, Taipei, Taiwan October 2016.

Thanks to Dr Sabeera Begum for her nomination and support for my attachment.

Future Development in Dermatology Nursing

Post-Basic Dermatology Care

| Datin Dr. Asmah Johar

Planning for Post-basic Dermatology Care is under progress with the Training Management Division, Ministry of Health. This post-basic course will be offered to nurses and assistant medical officers based in hospitals and health centers. It will be an accredited programme in line with international requirements.

Inpatient Skin Nursing: Moving Towards Nurse Initiated Skin Nursing

| Dr. Rohna Ridzwan

Hospital Selayang is in the midst of a pilot study to upgrade Dermatology inpatient nursing care with the formation of Dermatology Link Nurse Committee. Intensive Care and Ward Sisters are trained in Dermatology. They will be resource personnel to the staff nurses in all wards who have to manage patients with skin conditions during and outside office hours.